

**Personal Details:** Name \_\_\_\_\_ M/F \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Mum \_\_\_\_\_ Dad \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_ Referred by \_\_\_\_\_

Today's Date: \_\_\_\_\_ Email \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Emergency contact full name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Previous Chiropractors Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_

**What concerns do you have regarding your child's health? Please describe in detail**

**When did it start** \_\_\_\_\_ **What helps** \_\_\_\_\_

**What makes it worse** \_\_\_\_\_

**Medication/specialists/treatment** \_\_\_\_\_

**Describe in detail as much history as you can, leave blank areas that are beyond child's level**

**Your pregnancy-complications/stress** \_\_\_\_\_

Labour Length \_\_\_\_\_ Difficulties \_\_\_\_\_

Delivery: **eg vaginal/caesarian/forceps** \_\_\_\_\_

Medication \_\_\_\_\_

Intervention \_\_\_\_\_

Complications \_\_\_\_\_ Resuscitation Y/N \_\_\_\_\_ Special Care Nursery Y/N \_\_\_\_\_

Sleeping \_\_\_\_\_

Feeding: breast feeding from birth Y/N Good painless attachment both sides Y/N \_\_\_\_\_

Was tongue tie checked? Y/N Breast feeding continued Y/N \_\_\_\_\_

Bowels \_\_\_\_\_ Contentment/crying \_\_\_\_\_

Illnesses: eg. Respiratory/breathing issues/ear infections bronchitis \_\_\_\_\_

Posture lying down: curved to one side Y/N \_\_\_\_\_ General muscle tone: tight/floppy \_\_\_\_\_

Head/neck full movement supine (on back) Right Y/N \_\_\_\_\_ Left Y/N \_\_\_\_\_

Head/neck full movement prone (on tummy) Right Y/N \_\_\_\_\_ Left Y/N \_\_\_\_\_

Hip movement forwards/backwards, Rotation in/out, buttock symmetry? Y/N \_\_\_\_\_ Kicking Y/N \_\_\_\_\_

Full shoulder movement front and sides Right arm Y/N \_\_\_\_\_ Left arm Y/N \_\_\_\_\_

Tummy time: lifting head \_\_\_\_\_ Propping on forearms \_\_\_\_\_ Weight on hands \_\_\_\_\_

Lifting head off floor supine (on back) \_\_\_\_\_ pulling feet up to hands \_\_\_\_\_

Speech development (refer to [speech-language-therapy.com](http://speech-language-therapy.com)) RECEPTIVE \_\_\_\_\_

EXPRESSIVE \_\_\_\_\_

Rolling Front to back Y/N Right \_\_\_\_\_ Left \_\_\_\_\_ Rolling back to front Y/N Right \_\_\_\_\_ Left \_\_\_\_\_

Tummy to sitting transferring Y/N \_\_\_\_\_ Do you prop child sitting with pillows? Y/N \_\_\_\_\_

Falls forward/backwards from sitting? \_\_\_\_\_

Sitting and propping with arm at side? Y/N \_\_\_\_\_ Sitting-kneeling transferring Y/N \_\_\_\_\_

Seated Kneeling with knees together? Y/N \_\_\_\_\_ W sit? Y/N \_\_\_\_\_

Crawling Y/N N/A describe \_\_\_\_\_

Kneeling up \_\_\_\_\_ Kneeling to lunge on one leg Left: Y/N \_\_\_\_\_ Right: Y/N \_\_\_\_\_

Squat to stand Y/N \_\_\_\_\_ Even legs? Y/N upright back/spine Y/N \_\_\_\_\_

Standing holding on Y/N \_\_\_\_\_ Feet posture? \_\_\_\_\_ Cruising furniture Y/N \_\_\_\_\_

Use of walker Y/N \_\_\_\_\_ Pushing trolley Y/N \_\_\_\_\_ Walking unaided Y/N age \_\_\_\_\_

**Significant injuries-please describe/circle: falling off bed/stool/on tiles/down steps/play equipment/hitting head**

Falls \_\_\_\_\_ Siblings handling \_\_\_\_\_ Hit head \_\_\_\_\_ Steps/stairs \_\_\_\_\_

**Usual current diet: please list foods eaten (leave this section if only breast feeding) Please circle foods avoided**

Breakfast \_\_\_\_\_ Lunch \_\_\_\_\_

Dinner \_\_\_\_\_ Snacks \_\_\_\_\_

Drinks \_\_\_\_\_ Avoid wheat sugar dairy colours flavours preservatives? \_\_\_\_\_

**Stress- please describe:** Family stress \_\_\_\_\_ Siblings \_\_\_\_\_

Other \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_

0=no problems, 1=minimal 2=mild, infrequent, 3=mild frequent, 4=mild constant,  
5=mod infreq, 6=mod frequent 7=moderate constant, 8=severe infrequent  
9=severe frequent 10=severe constant

Stress:

**Please rate out of 10 and describe with examples:**

Coping \_\_\_\_\_ Fear/clinginess \_\_\_\_\_

Behaviour \_\_\_\_\_

Anxiety \_\_\_\_\_ Withdrawal \_\_\_\_\_

Concentration \_\_\_\_\_

Attention \_\_\_\_\_

Tantrums \_\_\_\_\_

Bowels \_\_\_\_\_ Wet nights \_\_\_\_\_ /7nights Wet in day \_\_\_\_\_

Sleep \_\_\_\_\_ Tiredness/low energy \_\_\_\_\_

Immune system/digestion: skin, recurrent infections, allergies \_\_\_\_\_

**Speech and eating: Please rate out of 10 and describe with examples:**

Speech: \_\_\_\_\_ Clarity \_\_\_\_\_

Mouth/tongue/jaw movements \_\_\_\_\_

Dribbling \_\_\_\_\_ Chewing \_\_\_\_\_

Swallowing \_\_\_\_\_ Biting \_\_\_\_\_

Face muscle movement \_\_\_\_\_

Jaw tightness/pain/teeth grinding \_\_\_\_\_

Shoulder and arm tightness with speech/eating \_\_\_\_\_

**Hands-Fine motor: Please rate out of 10 and describe with examples:**

Pencil grip \_\_\_\_\_

Handwriting \_\_\_\_\_

Posture/ pain at writing/sitting/computer \_\_\_\_\_

Creative writing/drawing \_\_\_\_\_

**Feet: Please rate out of 10 and describe with examples:**

Problems with walking \_\_\_\_\_

Shin pain \_\_\_\_\_

Balance & co-ordination running \_\_\_\_\_

Ankle twisting-rolling \_\_\_\_\_

**Neck-Shoulder: Please rate out of 10 and describe with examples**

Reading \_\_\_\_\_

Hand-eye tracking/co-ordination \_\_\_\_\_

Ball catching \_\_\_\_\_

**Inner Ear-Neck-Eyes: Please rate out of 10 and describe with examples:**

Balance \_\_\_\_\_

Distance, space, depth, speed judgement \_\_\_\_\_

Motion/car sickness \_\_\_\_\_

Vision \_\_\_\_\_

Sports \_\_\_\_\_

performance \_\_\_\_\_

Posture: Standing \_\_\_\_\_ Sitting: slumped Y/N \_\_\_\_\_ "W" sitting \_\_\_\_\_

Walking posture \_\_\_\_\_ Toe walking \_\_\_\_\_ Heavy walking \_\_\_\_\_

Organisation and planning \_\_\_\_\_

**Sacrum-Lower Spine-Legs: Please rate out of 10 and describe with examples:**

Ability to sit still \_\_\_\_\_

Bladder/bedwetting \_\_\_\_\_

Copying from screen/board \_\_\_\_\_

Impulse control \_\_\_\_\_ Sugar cravings \_\_\_\_\_

# Info & Consent form - sign & bring to Jackson Chiropractic

**Retained Neonatal reflex and NSA care are used at our centre , please follow links for info**

- contacts to your child's spine are light touch** and very precise. They should feel relaxing
- respiration is used** with stretching to allow improved body movement
- there is no manipulation** or "crunching", there is no massage
- large muscles relax first** and improve tone to allow deep muscles to unlock
- joints may release as your body improves muscle tone**, sometimes with a clicking noise
- tension release is spontaneous and automatic** once your child's system is more co-ordinated
- releases of stored pain, toxins and emotions** are common during and after visits, and are often severe. Major changes may make your child feel a lot worse for a few days.
- the skills your child gains can be used at all times**, e.g. sleeping, playing, resting, learning.

## Communication and privacy:

Ask as many **questions** as you need, you may also call, text, or email Dr Fiona between 9am-9pm

The **open plan room** is believed to improve results of unwinding and relaxation

If you prefer the **private room** at any visit or for all visits please advise when booking

**Chiropractic care is not a substitute for medical diagnosis or emergency medical care**

May Dr Fiona **discuss your child's progress** with-the person who referred you? Y/N

**All health information is private and will not be shared with any third party without consent**

Girls need to wear **bathers/bra crop top** with spine showing, **bike pants**, hair in a bun, Boys wear shorts or boxers, **bring fresh socks**, Bring snacks, toys, favourite blanket.

Make sure children are well rested, fed and hydrated and visit the toilet before adjustments

Please be responsible for **your child's behaviour around others in our centre**, and give them a break outside if they need some quiet time so as not to disturb others.

Parents: NO USE OF MOBILE PHONES IN ADJUSTING AREA

**Please call as early as possible if you need to change appointment times, please be on time**

Payment is expected at your visit; cash, cheque and EFT/credit and HICAPS available

Direct deposit (preferably in advance, please bring printout of receipt or text)

Account name: Jackson Chiropractic P/L CBA BSB 06 3733 Account number: 1031 1623

## Fee Structure for consultations

	<b>Concession/Child</b>	<b>Full fee</b>
<b>First visit</b> - History, Examination and Adjustments.....	<b>\$110</b>	<b>\$120</b>
Includes foot scan and posture photos, movement video analysis		
<b>Regular Standard visit</b> .....	<b>\$55</b>	<b>\$60</b>
<b>Pre-payment option for 10 visits</b> -save \$50.....	<b>\$500</b>	<b>(\$50 x 10)</b>
<b>Regular Family visit</b> (4 or more family members).....	<b>\$220</b>	<b>(\$55 x 4)</b>
Concession fee for 4 members, plus others complementary		
<b>Re-examination: Review, adjustment, report</b> .....	<b>\$110</b>	<b>\$120</b>

(If refund of pre-paid fee is required, discount is removed before balance is paid to you)

▪I have understood this information, and agree to give my informed consent for care

Name..... Signature..... Date.....